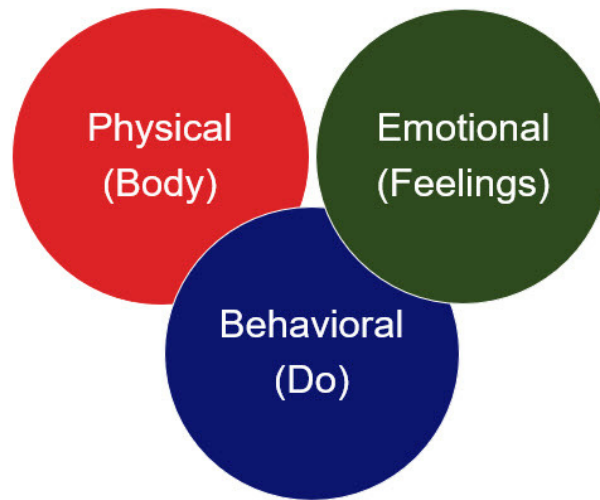


# Freedom From Lockdown Stress

CHALLENGE

## Day 2 Takeaway's

### Brain Messages to HONOR:



### Secret Weapon #2



Registered Trademark of Marvel Comics

***Stress  
Kryptonite***