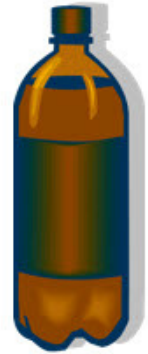


Freedom From Lockdown Stress CHALLENGE

Day 1 Takeaway's

3 Ways To SEE IT:



Secret Weapon #1

Dump & Destroy



You write...

DON'T READ IT

Destroy It!