

# One Day At A Time



Read this each morning!

## YESTERDAY, TODAY, & TOMORROW

There are two days in every week that we need not worry about, two days that must be kept free from fear and apprehension.

One is YESTERDAY, with it's mistakes & cares, it's faults & blunders, it's aches & pains. Yesterday has passed, forever beyond our control. All the money in the world cannot bring back yesterday. We cannot undo a single act we performed. Nor can we erase a single word we've said – Yesterday is gone!

The other day we must not worry about is TOMORROW, with it's impossible adversaries, it's burden, it's hopeful promise and poor performance. Tomorrow is beyond our control!

Tomorrow's sun will rise either in splendor or behind a mask of clouds – but it will rise. And until it does, we have no stake in tomorrow, for it is yet unborn.

This leaves only one day – TODAY. Any person can fight the battles of just one day. It is only when we add the burdens of yesterday & tomorrow that we break down.

It is not the experience of today that drives people mad—it is the remorse of bitterness for something which happened yesterday, and the dread of what tomorrow may bring.

**LET US LIVE ONE DAY AT A TIME!!!!**